

School Meal Ordering Autumn 2023

Please return **no later than Monday 18th September** and order all meals for the following 3 weeks. **IF FORMS ARE NOT RETURNED BY THIS DATE CHILDREN WILL BE GIVEN THE MAIN OPTION (1)** We are unable to change any choice once made as the kitchen pre-orders the food.

Child's Name: Class:

| | <i>Authentic Italian</i> | <i>Family Faves</i> | <i>Baking British</i> | <i>Food Festival</i> | <i>Fun Day</i> |
|---|--|--|---|---|--|
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Week Beginning 25th Sep | Chicken & veg meatballs in tomato sauce with pasta 1 | Chicken curry with wholegrain rice 1 | Sausages and red onion with roasties and gravy 1 | BBQ Chicken drizzle pizza with potato wedges 1 | Fish fingers or sausages and chips 1 |
| | Cheesy broccoli pasta bake (V) 2 | Sweet potato chickpea balti with wholegrain rice (V) 2 | Cheese and leek sausages with roasties & gravy (V) 2 | Pizza margherita with potato wedges (V) 2 | Veggie fishless fingers and chips (V) 2 |
| | Jacket potato & toppings 3 | Jacket potato & toppings 3 | Jacket potato & toppings 3 | Jacket potato & toppings 3 | Jacket potato & toppings 3 |
| | Hot veggie tomato pasta 4 | Hot veggie tomato pasta 4 | Hot veggie tomato pasta 4 | Ham packed lunch 4 | Hot veggie tomato pasta 4 |
| | Marble sponge cake | Jelly & fruit slices | Fruity flapjack | Cheese packed lunch 5 | Vanilla ice cream |
| Week Beginning 2nd Oct | All day breakfast (sausage, egg, hash brown and beans) 1 | Tomato & roasted vegetable with beef pasta bake 1 | Roast chicken with roasties and gravy 1 | Chow mein chicken noodles 1 | Fish fingers or sausages and chips 1 |
| | All day breakfast (veggie sausage, egg, hash brown and beans) (V) 2 | Golden vegetable fingers with baked potato wedges (V) 2 | Veggie, lentil and onion pie with roasties & gravy (V) 2 | Mexican bean wrap with wholegrain rice (V) 2 | Veggie fishless fingers and chips (V) 2 |
| | Jacket potato & toppings 3 | Jacket potato & toppings 3 | Jacket potato & toppings 3 | Jacket potato & toppings 3 | Jacket potato & toppings 3 |
| | Hot veggie tomato pasta 4 | Hot veggie tomato pasta 4 | Hot veggie tomato pasta 4 | Ham packed lunch 4 | Hot veggie tomato pasta 4 |
| | Orange jelly | Jammy crumble bars | Apple crumble | Cheese packed lunch 5 | Vanilla ice cream |
| Week Beginning 9th Oct | Hot dog with potato wedges 1 | Chicken korma with whole grain rice 1 | Cottage pie 1 | Sausage pizza bread with potato wedges 1 | Fish fingers or sausages and chips 1 |
| | Cheesy bean wrap with potato wedges (V) 2 | Vegetable korma with whole grain rice (V) 2 | Veggie cottage pie (V) 2 | BBQ drizzle pizza with potato wedges (V) 2 | Veggie fishless fingers and chips (V) 2 |
| | Jacket potato & toppings 3 | Jacket potato & toppings 3 | Jacket potato & toppings 3 | Jacket potato & toppings 3 | Jacket potato & toppings 3 |
| | Hot veggie tomato pasta 4 | Hot veggie tomato pasta 4 | Hot veggie tomato pasta 4 | Ham packed lunch 4 | Hot veggie tomato pasta 4 |
| | Watermelon wedge | Vanilla cookie | Apple crumble | Cheese packed lunch 5 | Vanilla ice cream |

Packed lunches are available on **Thursdays**. Packed lunches consist of a ham or cheese sandwich, healthy snack, home bake and a piece of fruit. Jacket potato toppings available are: Cheese, Beans and Tuna. Also available for dessert each day is yoghurt & fresh fruit.