



# School Meal Ordering Autumn 2023

Please return **no later than Monday 9<sup>th</sup> October** and order all meals for the following 3 weeks. **IF FORMS ARE NOT RETURNED BY THIS DATE CHILDREN WILL BE GIVEN THE MAIN OPTION (1)** We are unable to change any choice once made as the kitchen pre-orders the food.

Child's Name: ..... Class: .....

	<i>Authentic Italian</i>	<i>Family Faves</i>	<i>Baking British</i>		
	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>		
<b>Week Beginning 16<sup>th</sup> Oct</b>	Chicken & veg meatballs in tomato sauce with pasta <b>1</b>	Chicken curry with wholegrain rice <b>1</b>	Sausages and red onion with roasties and gravy <b>1</b>		
	Cheesy broccoli pasta bake (V) <b>2</b>	Sweet potato chickpea balti with wholegrain rice (V) <b>2</b>	Cheese and leek sausages with roasties & gravy (V) <b>2</b>		
	Jacket potato & toppings <b>3</b>	Jacket potato & toppings <b>3</b>	Jacket potato & toppings <b>3</b>		
	Hot veggie tomato pasta <b>4</b>	Hot veggie tomato pasta <b>4</b>	Hot veggie tomato pasta <b>4</b>		
	Marble sponge cake	Jelly & fruit slices	Fruity flapjack		
<b>Week Beginning 30<sup>th</sup> Oct</b>	Hot dog with potato wedges <b>1</b>	Chicken korma with whole grain rice <b>1</b>	Cottage pie <b>1</b>	Sausage pizza bread with potato wedges <b>1</b>	Fish fingers and chips <b>1</b>
	Cheesy bean wrap with potato wedges (V) <b>2</b>	Vegetable korma with whole grain rice (V) <b>2</b>	Veggie cottage pie (V) <b>2</b>	BBQ drizzle pizza with potato wedges (V) <b>2</b>	Veggie fishless fingers and chips (V) <b>2</b>
	Jacket potato & toppings <b>3</b>	Jacket potato & toppings <b>3</b>	Jacket potato & toppings <b>3</b>	Jacket potato & toppings <b>3</b>	Jacket potato & toppings <b>3</b>
	Hot veggie tomato pasta <b>4</b>	Hot veggie tomato pasta <b>4</b>	Hot veggie tomato pasta <b>4</b>	Ham packed lunch <b>4</b>	Hot veggie tomato pasta <b>4</b>
	Watermelon wedge	Vanilla cookie	Apple crumble	Cheese packed lunch <b>5</b>	Vanilla ice cream
<b>Week Beginning 6<sup>th</sup> Nov</b>	Chicken & veg meatballs in tomato sauce with pasta <b>1</b>	Chicken curry with wholegrain rice <b>1</b>	Sausages and red onion with roasties and gravy <b>1</b>	BBQ Chicken drizzle pizza with potato wedges <b>1</b>	Fish fingers and chips <b>1</b>
	Cheesy broccoli pasta bake (V) <b>2</b>	Sweet potato chickpea balti with wholegrain rice (V) <b>2</b>	Cheese and leek sausages with roasties & gravy (V) <b>2</b>	Pizza margherita with potato wedges (V) <b>2</b>	Veggie fishless fingers and chips (V) <b>2</b>
	Jacket potato & toppings <b>3</b>	Jacket potato & toppings <b>3</b>	Jacket potato & toppings <b>3</b>	Jacket potato & toppings <b>3</b>	Jacket potato & toppings <b>3</b>
	Hot veggie tomato pasta <b>4</b>	Hot veggie tomato pasta <b>4</b>	Hot veggie tomato pasta <b>4</b>	Ham packed lunch <b>4</b>	Hot veggie tomato pasta <b>4</b>
	Marble sponge cake	Jelly & fruit slices	Fruity flapjack	Cheese packed lunch <b>5</b>	Vanilla ice cream

Packed lunches are available on **Thursdays**. Packed lunches consist of a ham or cheese sandwich, healthy snack, home bake and a piece of fruit. Jacket potato toppings available are: Cheese, Beans and Tuna. Also available for dessert each day is yoghurt & fresh fruit.