

Dear Parents / Carers,

We are pleased to again offer FREE Bikeability Level 2 on-road training for our Year 5s in 2024/25.

We have booked training in Term 5, April - May 2025, with our local provider, Life Cycle. Level 2 is on-road training giving children the skills and confidence to ride independently. The training takes place on roads local to the school, with qualified instructors, and children will be riding on the road with other traffic, therefore they must be able to cycle already, it is **not** a beginners course.

Each child needs a **roadworthy bicycle**, with front and rear working brakes and tyres fully pumped up, to take part in the training, and a helmet.

If you wish your child to take part in this training, please complete your consent online via the link / QR code below. Please do this as soon as possible to allow us to confirm the training dates with Life Cycle. Once you have submitted your consent you will receive helpful information by email about Bikeability training and how to prepare your child, how to fit their helmet and to ensure their bicycle is roadworthy. We will let you know nearer the time what days your child's training will take place.

If your child has not done much cycling recently, we'd recommend that you encourage them to practise on their bike before the training and do check the saddle in case it needs to be raised.

URL: <https://consent.bikeability.org.uk/fear-see-high>

QR code:



Best wishes,

HVA