

FEELING SAFE AND HAPPY AT HAYWOOD VILLAGE ACADEMY

At Haywood Village Academy, we want to make sure that you feel **safe, looked after and happy** when you are in and out of school. Sometimes we do not know if something is making you feel worried or sad, so you must tell us.

REMEMBER - SHARE YOUR WORRIES TO KEEP SAFE!

WHAT IS THIS POLICY?

Our school has a Behaviour Policy, which includes child-on-child for staff, families, and our Academy Council. This child friendly policy is written for **you**, in a way that makes sense to you, and is much shorter.

WHAT IS IT FOR?

This policy is to help you understand who you should speak to if you feel that you are being harmed in school by other children. We take child-on-child abuse seriously at Haywood Village Academy.

WHAT IS CHILD-ON-CHILD ABUSE?

Child-on-child abuse could happen to you and be done by someone who might be your friend, another pupil at school with you, or another child you may know. This may happen once and not be repeated, but **this is not ok, and you must share with your trusted adults in school**. Child-on-child abuse can be similar behaviours to bullying behaviours, but it is different as it is not always targeted, repeated and with specific intention to harm.

Abuse is something which usually physically or emotionally hurts another person by using behaviour that is meant to scare, hurt or upset you. Sometimes, it can be hard to know when abuse is happening, because not all abuse will hurt, scare or upset you, and you might not know it is happening. It's important you know when you are being abused so we can make sure it stops.

TYPES OF ABUSE

There are lots of different types of abuse. It is important you know what these types of abuse are so you know what to do if you see them.

Emotional: Hurting other people's feelings, leaving you out

Physical: Punching, kicking, spitting, pushing, hitting, hair pulling, dragging along, sweeping off your feet, knocking into people.

Verbal: Being teased, name calling or using hand signs

Cyber: Saying unkind things by text, email and online or sending unkind images

Racist: Calling you names because of the colour of your skin

Homophobic: Bullying someone because of their gender or sexuality; calling someone gay or lesbian to hurt their feelings would be homophobic.

Transphobic: Bullying someone who identifies as trans (a person whose sense of identity and gender does not match with their birth sex).

Disablist: Bullying someone because of a disability

Sexist: Bullying someone because of their sex (whether they are a boy or a girl).

Inappropriate/ unwanted touch: Using sexual language, saying rude things, or touching you without your consent/ permission, which makes you feel uncomfortable. This can happen online, social media or face to face.

HEALTHY RELATIONSHIPS MATTER

Any relationship you have should be good and happy. A bad relationship might make someone feel scared, confused, worried and even unsafe. It's important that you know the difference between a good relationship and a bad relationship.

Healthy relationships

- You are comfortable around that person.
- You can be honest with that person.
- You can say how you feel, what you are thinking, and you listen to each other.
- You support each other and treat each other nicely.
- You feel safe, and you trust that person.
- You are equal – you don't boss each other around or tell each other what to do.
- You feel looked after.

Unhealthy relationships

- They might push you, hit you or destroy or take/touch your things.
- They might tell you what to do, what to wear or who you can see.
- You might feel scared – they might say they will hurt you if you don't do as they say.
- They might call you names; make you feel bad in front of other people and makes you feel bad about yourself.
- They get angry easily and you don't know what will make them angry.
- They might pressure you to do things you don't want to do.

HOW I KNOW IF SOMEONE IS BEING ABUSED?

It might be hard for you to know if you are being abused and you might not really understand it is happening. It is important you can recognise when behaviour isn't appropriate. It's also important that you can notice when someone else might be being abused. Some signs might be:

- Not attending school.
- Having injuries, like bruises.
- Feeling sad and down.
- Feeling like they can't cope.
- Feeling withdrawn or shy, or nervous.
- Getting headaches or stomach ache.
- Not being able to sleep, sleeping too much or getting nightmares.
- Feeling panicked.
- Using alcohol or drugs.
- Changing looks to look much older.
- Being abusive to someone else.

WHO CAN YOU TALK TO?

REMEMBER - SHARE YOUR WORRIES TO KEEP SAFE!

It is important you tell someone as soon as you are being abused, or you notice someone else being abused.

Speaking to someone like your mum, dad, carer or member of school staff will mean that we can make sure the abuse stops and doesn't happen again.

Remember, you can talk to any trusted adult at Haywood Village Academy. They will listen to what you have to say and make sure you feel looked after, feel happy and are safe.