





# Life Cycle UK - Bikeability Level 2 Parental Consent Form

We are delighted to be able to offer our pupils Bikeability level 2, on-road cycle training. The course is funded by North Somerset Council and the Department for Transport and delivered by Life Cycle UK. Places are limited and will be allocated on a **first come first served** basis. Your child will need a roadworthy bicycle to take part. After an initial assessment of their riding skills on the first session, they will be riding on-road, with qualified instructors and **must** be able to cycle already, it is **not** a beginners course. For children in Year 6 this course is offered to children who did NOT take part in Bikeability when they were in Year 5.

### The course dates are:

Group 1 - 29 June & 30 June (Year 6 and Year 5)

Group 2 - 6 July & 19 July (Year 5 only)

Group 3 - 13 July & 14 July (Year 5 only)

Your child will find out which group they are in nearer the time.

# Please make sure your child comes to school with:

- Roadworthy bike See safety check details overleaf.
- Helmet
- Weather appropriate clothing (raincoat, gloves, sunscreen etc.)
- Water bottle
- Lock Bikes are to be locked in the bike shed on arrival at school.

### What to do now:

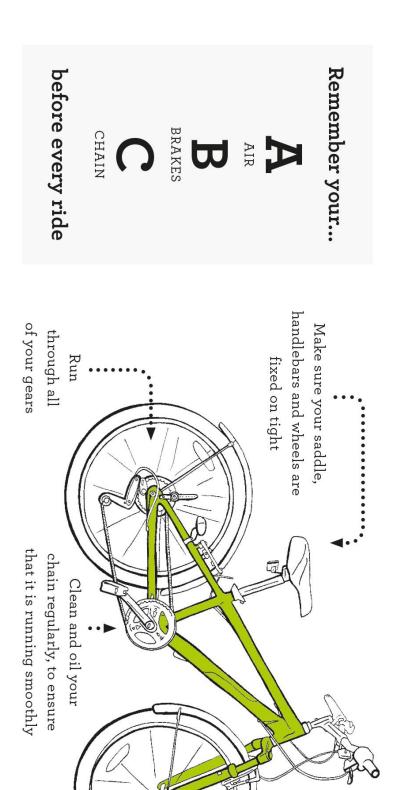
- Keep this page for your information.
- Complete and return the following page to school by: Friday 19 May
- Check your child's bike in advance and fix any problems.

## **Bikeability Participant's Hub:**

- Find out more about Bikeability as well as useful hints and tips on riding together as a family and enjoying cycling after your Bikeability course
- www.bikeability.org.uk

# Pre-course bike safety check

Visit Halfords online safety check www.halfords.com/cycling/bike-maintenance/care-plans/free-bike-check



Ensure both your front and rear brakes

work properly

Check your tyres are

pumped up



Child's Name:





Age:

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School:	Class:	
Your Name:		
	ardian of the child I am registering, and give cycle training provided by Life Cycle UK. I un	•
<ol> <li>Training will take place</li> <li>Life Cycle UK is not liable before or after the sess</li> <li>Completion of the train cycle in all conditions.</li> <li>The instructors may at behaviour or ability level</li> </ol>	oadworthy bike and helmet to participate. In public spaces and on public roads. The for any injury, loss or damage to persons along including on journeys to and from the vening session does not mean that it is safe for To become a proficient cyclist takes practice any time refuse to continue to train my child el is deemed to be unsuitable. Il sessions to compete the course, any misse table to pass the course.	enue. my child to I if their
Does your child have spec behavioural challenges?	cial educational needs, physical needs or	Yes/No
Does your child have any	medical condition we should be aware of?	Yes/No
If yes to either of the abo	ve, please give details:	
Signed:	Date:	