

Online Safety

June 2020

Hello!

In this period when our children are online more than ever and have few other ways to keep in contact with friends, keeping them safe online is paramount. So how do we keep our loved ones safe? Here are a few tips on how and what you can do to keep your family safe online and what to do if you are concerned.

What we can do:

To help our children stay safe online we can work as a **TEAM**.

T – Talk about staying safe online

E – Explore the online world together

A – Agree rules

M – Manage settings and controls

5 tops tips for keeping children safe online



Position

Try and keep technology in your view. Limit where and when children can use devices. The best place to access devices is in a communal area.



Screen time

Set time limits. Even with distance learning it is important that children have screen-free time each day. Research shows that stopping screen time 2 hours before bed increases the quality of sleep.



Discussion

Discuss how to stay safe online with your child. Little and often. Explore their online world together. If you show an interest in the games they play they are more likely to share their online world with you. We want to educate, not scare. Online is an amazing place as long as we know how to navigate it safely.



Privacy settings

Ensure that you are aware of all your child's passwords and logins. Create accounts together and discuss password controls.



Parental controls

Here is a selection of websites to help set up controls.
<https://www.common sense media.org/blog/parents-ultimate-guide-to-parental-controls>
<https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider>

App advice

Tiktok

<https://www.common sense media.org/blog/parents-ultimate-guide-to-tiktok>

Fortnite

<https://www.common sense media.org/blog/parents-ultimate-guide-to-fortnite>

YouTube

<https://www.internetmatters.org/hub/guidance/youtu-be-tips-and-tricks-to-keep-your-children-entertained-and-safe/>

If you're worried about a child...

0808 800 5000

For online safety advice...

0808 800 5002

For mental health advice...

0808 800 5544

For parenting and family support...

0808 800 2222

Your guide to staying safe online

<https://www.net-aware.org.uk/>

Mrs Howe

@HaywoodVillAc 01934 312720
enquiries@haywoodvillageacademy.org.uk